

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: ADAPTIVE AQUATICS

Code No.: DSW 119

Program: DEVELOPMENTAL SERVICES WORKER

Semester: SECOND

Date: JANUARY 1990

Author: ED FINN

New: \_\_\_\_\_ Revision: \_\_\_\_\_

APPROVED:

K. DiRosario for Mack  
Chairperson

June 30/89  
Date

Instructor: Ed Finn  
Credits: 03

### COURSE DESCRIPTION

This field based course is designed to provide the student with opportunities to learn the threefold benefit of swimming for the disabled: physiological, psychological, and social.

### COURSE GOALS

1. To provide a process and environment to practise instruction in Adapted Aquatics.
2. To use a Task Analysis approach to basic water safety, mobility in water, water entry, beginner swimming skills, advanced swimming skills, and recreational activities.

### COURSE OBJECTIVES

1. The learner will demonstrate his/her knowledge with the disabled in a one-to-one situation, i.e. physiological: strength, coordination, range of motion, and circulation; psychological and social: experiencing success, meeting challenges, learning to work with others, and becoming part of a group.
2. The learner will demonstrate his/her knowledge with the disabled by:
  - pushing wheelchairs in and out of locker rooms,
  - lifting children on and off dressing tables and into the pool,
  - assisting individuals in dressing,
  - giving a steady, helping hand to unsteady walkers.

### METHODOLOGY

1. Field based instruction and demonstration opportunities.
2. Formulation of written plans and reports regarding individual assignments.
3. Any other methods deemed by the instructor to be appropriate.

### TEXTS

1. "The Adaptive Behaviour Curriculum", Volume 2. Prescriptive Behaviour Analyses for Moderately, Severely and Profoundly Handicapped Students. Dorothy Popovich.

Page 3  
DSW 119

EVALUATION

Consistent attendance and active participation are imperative. This will constitute  $33 \frac{1}{3}\%$  of the final grade. The mid-term and final exam will be worth  $66 \frac{2}{3}\%$ .

COLLEGE GRADING SYSTEM

90 - 100% = A+  
80 - 89% = A  
70 - 79% = B  
60 - 69% = C  
Below 60 = R (Repeat Course)

TIME FRAME

Three hours per week at the Y.M.C.A.